

11th @ 10am & 25th @ 8pm

Emotions

Emotions are a completely natural part of life. However, there can be periods where we feel that different emotions are ruling the roost in our homes and with our children.

- Why is my child reacting this way?
- What is causing this out-pouring of emotion?
- What triggers the emotions in your child?
- What can I do to best support my child?

Book yourself into the November FREE Parenting Clinic where Anisa, a Positive Parenting Coach, will be exploring the answers to these questions.

Join us on zoom.

<https://anisalewis.as.me/theclinic>

or

email: hello@anisalewis.com for the booking link

Free Parenting Clinics

with